

Ramshaw Primary School



Physical Education

Intent

Our intent for all children at Ramshaw Primary School is for them to become physically literate individuals who have the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engagement in physical activities for life.

Implementation

We implement this through a focus on the importance of Physical Education, School Sport and Physical Activity (PESSPA) throughout our school. Our inclusive, high quality PE curriculum is designed to inspire all children to succeed and excel in both competitive sport and other activities involving physical activity. Using focused core tasks for each strand of PE, fundamental skills are taught in KS1 that are then developed and applied throughout KS2 to ensure progression. Swimming is taught every year throughout KS2 to secure this life skill. We are working towards all children in our school taking part in 30 minutes of vigorous physical activity every day, embedding this into other areas of our curriculum. Our after school clubs are updated regularly to offer a broad range of activity experiences for our children and to support our competition structure. Through School Sport our children compete in many competitions and other festivals which build character and embed key values such as teamwork, fairness and respect for themselves and others. We recognise that PE, physical activity and school sport make an extensive contribution towards aspects of pupils' social, moral, spiritual and cultural development.

This implementation is supported and structured around the 5 key indicators of the Primary PE and Sport Premium:

- The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles.
- The profile of PE and sport being raised across the school as a tool for whole school improvement.
- Increase confidence, knowledge and skills of all staff in teaching PE and sport.
- Provide a broader experience of a range of sports and activities offered to all pupils.
- To increase participation in competitive sport.

Impact

The impact of our curriculum is that, through these activities, our pupils become physically confident; they learn that being physical is 'fun' and crucial in terms of leading a healthy lifestyle and are equipped to move on to participate in specific areas of sport during secondary school.