

Ramshaw Primary School PSHE and RSE



Intent

At Ramshaw Primary School, we want our PSHE and RSE Curriculum to enable all our children to develop the knowledge, skills and attributes they need to manage opportunities, challenges and responsibilities they will face as they grow up and enter into adulthood.

As part of this we want to support and teach our children how to :

- Be healthy, independent and responsible members of society.
- Stay safe in the world around them also including staying safe online.
- Form healthy, positive relationships with others including family and friends. To be able to recognise what constitutes a good and healthy relationship and how to maintain this.
- Recognise the different ways we keep ourselves healthy for example recognise the benefits and importance of diet and exercise and that this helps to keep us healthy both physically and emotionally.
- Recognise their feelings and how to express them in a positive way. To recognise how as they grow these feelings and their bodies change.
- Explore the wider world around them and the opportunities that are beyond their locality. We will help the children to recognise the different paths that they can take as they develop into adults

It is our intent at Ramshaw to use the PSHE and RSE curriculum to support children's progress attainment and attendance by supporting the children in recognising and reaching their true capabilities, we will remove barriers to raise the children's self-esteem and confidence, helping them to recognise their own strengths and reach for their aspirations.

Implementation

The following demonstrates the way in which PSHE and RSE is implemented at Ramshaw Primary School across all key stages:

- Delivery of discrete lessons appear on weekly timetables plus in other learning opportunities for example in the Science and RE curriculum and cross-curricular opportunities.

- The RSE curriculum has been mapped out clearly in the progression grids for PSHE and science which ensure coverage of all of the statutory elements by the end of the primary phase; these are delivered at the appropriate stage for our children. Our high expectations of behaviour, interpersonal relationships, respect and tolerance of others reflect the British Values upheld in both our community and the wider world.
- Staff use of Kapow to plan the units of work.
- CPD is regularly offered to staff to ensure they are confident in delivery of the lessons and enabling them to competently answer children's questions.
- Through regular themed Assemblies, eg. Anti - Bullying, e safety, mental and physical health, celebrating diversity etc this supports and deepens the teaching of PSHE and RSE
- Votes for School, School Council, Parliamentary Votes contributes to giving children a voice.
- Making links in the wider community, having well planned and organised visits or visitors, provides children with experiences and opportunities to help them to prepare for the wider world.
- Planned, co-ordinated, assessed and monitored lessons enable the children to improve attainment and develop a range of skills and knowledge to support the many transitions they will take on their journey to adulthood.

Impact

By the end of Year 6, we aim to achieve that our children have been equipped with a vast amount of skills and knowledge to be successful citizens within our continuously developing world. We want our children to develop their personal skills and attributes, self-worth, esteem and emotional resilience. With these skills and knowledge, we can provide our children with capacity to seek support and guidance to ensure their safety, live respectfully within their communities and the wider world and create meaningful, positive and healthy relationships in their future.